



I'm More Than You See

Overview

Students learn about Maslow's Hierarchy of Needs, reflect on the identities of others and how people's basic needs affect their own stages of needs, discuss how understanding these different levels of needs could help people in their school or local community reach their full potential, and create a poster with examples from their discussions, illustrating people at each level on the road to self-fulfillment.

Teacher Background

- Complete the Who am I? worksheet or graphic organizer (see below) using words or phrases to describe yourself.

Digital Resources

- [Maslow's Hierarchy of Needs](#) video
- [Maslow's Hierarchy of Needs presentation](#) (Google), 1 for each student or student group

Materials

- Computer with Internet access & digital display
- Digital document, white/chalkboard or chart paper
- Scissors
- Needs Activity worksheet, 1 for each student
- Drawing paper and color pencils, crayons, etc.

Implementation

Spark Inquiry (15 minutes)

1. Ask students to jot down responses to the questions below, then ask student volunteers to share their responses with the class.
 - In what ways are people alike?
 - In what ways are people different?
 - Why do you think people are at different places of development?
 - What do people need to live a full, successful life?

Deepen Inquiry (20 minutes)

2. Inform students that Abraham Maslow was a psychologist who had a theory that people's needs have an order to follow as they try to reach their fullest potential, to be the best they can be. Give each student a Needs Activity worksheet and direct them to complete it to the best of their ability.



3. Instruct students to check their order of needs as they watch the [Maslow's Hierarchy of Needs video](#). After, give individual students or groups of students access to the [Maslow's Hierarchy of Needs slide presentation](#). Direct them to match the primary sources to the corresponding Needs levels by labeling the slides and re-ordering them to represent the needs levels from bottom to top.
4. Tell students that since the Hierarchy of Needs is a theory, we can agree with it or not. As a class, discuss if students agree with Maslow's order or if they would change it in any way.

Connect & Act (20 minutes)

5. Divide students into small groups and direct them to discuss how understanding these different levels of needs could help people in their school or local community reach their full potential.
6. Instruct the groups to work together to create a poster with examples from their discussions, illustrating people at each level on the road to self-fulfillment.