

RISE EMPATHY FRAMEWORK AND ANALYSIS TOOL©

EXAMINING SELF FORMING IDENTITY	REFLECTION		
	BELIEVE	FEEL	DO
	<p>What do I believe about what I see? What beliefs or preconceptions (about the source or the time period in general) did you bring with you when analyzing this source?</p> <p>Did the source change those beliefs, or reinforce them? How so?</p>	<p>How did this source make you feel?</p> <p>Why did you react this way to the source? What elements of the source made you feel this way? Are your feelings tied to personal experience?</p> <p>Did your feelings change as you analyzed and discussed the source?</p> <p>How do you think people at the time—perhaps the people portrayed in the source itself—would have felt about this event?</p>	<p>What actions led to the injustices presented by this source?</p> <p>What actions did people at the time take to address those injustices?</p> <p>What actions could you (or others) take today to address similar injustices?</p>
EXAMINING THE OTHER COGNITIVE EMPATHY	INQUIRY		
	BELIEFS (OTHERS)	LABELS	JUDGMENTS
	<p>What do I think others believed?</p> <p>What experiences in your life have helped you to determine what you think they believed?</p>	<p>How would you describe the other with three adjectives?</p> <p>What labels would you use to describe the others (be as truthful as you can)?</p>	<p>What opinions do you have about the people or the situation you are examining?</p> <p>What life experiences have contributed to your opinions?</p>
CONNECTING WITH THE OTHER EMOTIONAL EMPATHY	SELF-AWARENESS		
	SIMILARITIES	INTENTIONS	GOALS
	<p>How are you similar to the other?</p> <p>What feelings do you share with them?</p>	<p>What do you think others hoped would have happened?</p> <p>Why do you think that this was their intention?</p>	<p>What do you wish would have been different? How has this historical event changed us?</p> <p>What can we do differently?</p>
UNITING WITH THE OTHER LEADING CHANGE COMPASSIONATE EMPATHY	EMPATHY		
	IMAGINE	NARRATE	ACTION PLAN
	<p>Imagine you are with the person in the moment of history, what would you do ?</p> <p>How could you have influenced this historic event if you were there?</p>	<p>Create a short story of what it was like for the person or people in the picture or artifact.</p> <p>How do you wish the story turned out?</p>	<p>How can you help change the impact of the historical event?</p> <p>What cause means a great deal to you?</p> <p>What change would you like to see in our country?</p>